

# CHEN'S FESTIVALS

## Dragon Boat Festival



Traditionally farmers sail the Dragon Boats to welcome the dragons who bring the rain and encourage successful crops.



Qu Yuan was a well loved poet in China and is believed to have fallen in the river and died. The dragons are sailed to scare away the fish from his body.



Different colours of dragon symbolise different meanings. Traditionally the Dragon Boats are made up of bright colours.



A popular childrens game on this day is egg bashing (with hard boiled eggs).



As with all Chinese celebrations food plays an important part, Rice dumplings with different fillings, Zong Zi are made and eaten on this day.



An important part of the ceremony of Dragon Boat racing is "dotting the eye" which is believed to bring the dragon to life.



Wu cai xian, a chinese braclet made up of the 5 colours. Red is for happiness, green for health, yellow for wealth, white for peace and black for strength.

Duan Wu, Dragon Boat Festival is held on the 5th day of the 5th month which is called the double fifth day.

