

EATING WITH CHEN

How and
what we eat



筷子 kuài zi.
Eating with chopsticks.



米饭 mǐ fàn. Rice is the main food
for Chinese and we eat rice with
vegetables and other dishes.



北京烤鸭 Běijīng kǎoyā. Peking
Roast Duck is a famous duck
dish from Beijing that has been
prepared since the Yuan Dynasty,
now considered one of China's
national foods.



饺子 Jiǎo zi. Chinese dumpling is
one of the most traditional foods
in China.



包子 bāozi is a steamed, filled bun
or bread-like item. It can be eaten
at any meal in Chinese culture, and
is often eaten for breakfast.



扬州炒饭 Yáng zhōu chǎo fàn is a
popular Cantonese style fried rice
dish, which is fried with eggs, ham
and vegetables.



春(chūn) 卷(juǎn) spring roll this is
very popular food in spring festival,
inside it is red beans or vegetables.



汤面 Tāngmiàn or noodle soup is
an important Chinese dish. You
can usually find the meat, and
vegetables in the soup.

There is a
wide variety of
Chinese food.
My favourite is
Jiaozi. How
about you?

