## EATING WITH CHEN

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How and what we eat



筷子 kuài zī. Eating with chopsticks.



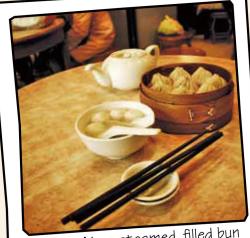
\*饭 mǐfàn. Rice is the main food for Chinese and we eat rice with vegetables and other dishes.



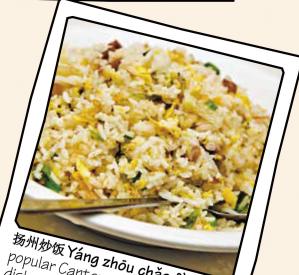
北京烤鸭 Běijīng kǎoyā. Peking Roast Duck is a famous duck dish from Beijing that has been prepared since the Yuan Dynasty, now considered one of China's national foods.



饺子 Jiǎo zi. Chinese dumpling is one of the most traditional foods in China.



包子 bāozi is a steamed, filled bun or bread-like item. It can be eaten at any meal in Chinese culture, and is often eaten for breakfast.



扬州炒饭 Yáng zhōu chǎo fàn is a popular Cantonese style fried rice dish, which is fried with eggs, ham and vegetables.



春(chūn) 卷(juǎn) spring roll this is very popular food in spring festival, inside it is red beans or vegetables.



汤面 Tāngmiàn or noodle soup is an important Chinese dish. You can usually find the meat, and vegetables in the soup.



There is a wide variety of Chinese food. My favourite is Jiaozi. How about you?



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