

# CHEN'S FESTIVALS

## Moon Festival



**Shǎng yuè**, watching the fullest moon of the year, according to Chinese lunar calendar the moon on the 15th day of the 8th month of the lunar calendar is the fullest one in the year.



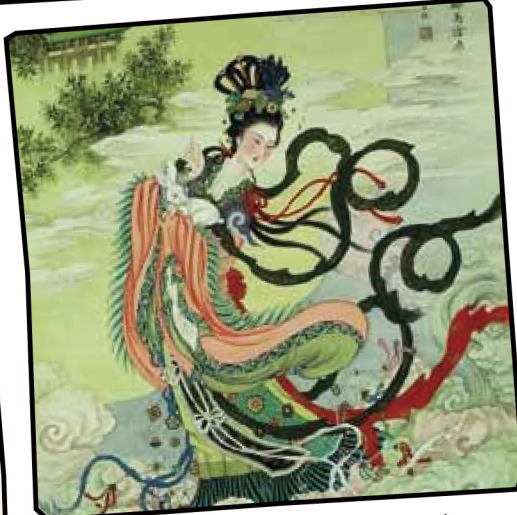
**Yuè bǐng**, Moon Cake, is a traditional food for Moon Festival; its shape is circular, like the moon, and it comes in many different flavours.



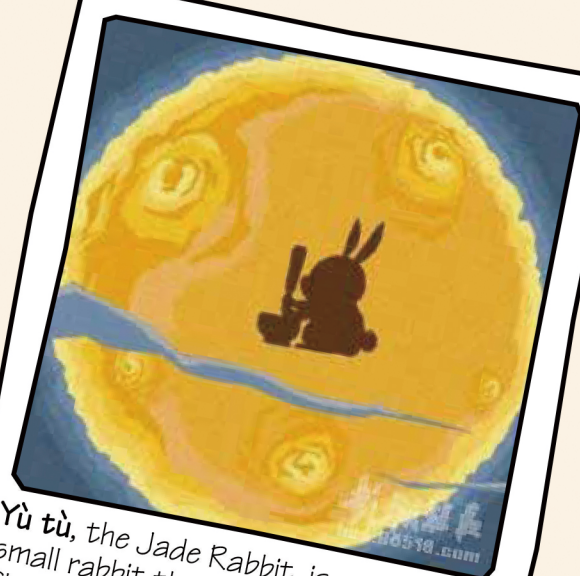
**Family reunion**, during the Moon Festival, family members usually come together to eat delicious food and watch the beautiful full moon.



**Huā dēng**, colourful lanterns, in the evening when families go outside to watch the beautiful full moon, kids usually carry lanterns with many different colours and different shapes.



**Cháng'é**, according to Chinese legend, there is a beautiful women, called Chang'e, who lives on the moon with her rabbit.



**Yù tù**, the Jade Rabbit, is a cute small rabbit that is said to live with Chang'e. According to legend, the rabbit makes a medicine that can grant people eternal youth.



**Wú Gāng**, Chinese legend says that the shadow on the moon is actually a man called Wu Gang who continually tries to cut down a laurel tree.

Zhong qiu jie, the Moon Festival or the Chinese Mid-Autumn Festival, is held on 15th day of the 8th month of the lunar calendar.

