

EATING WITH CHEN

Chen's Table



Chinese people usually eat together by sitting around a table. The round table symbolises completeness in Chinese culture.



This is the table for a Chinese tea ceremony.



This is the table set for a wedding in China. The spoons and plates are gold plated.



People toast from time to time during the meal, but saying "Gan Bei".



This is Chinese green tea, and it is beneficial to our health, especially in losing weight.



This is Chinese "hot pot" and we call it "huo guo". It consists of a simmering metal pot in the centre of a table and there are a variety of dishes around the pot.

"I enjoy Chinese food, especially the 'Hot Pot!'"



Traditionally, when the family have a meal together, the eldest person usually starts eating first while the younger people follow afterwards in order to show their respect.